

4-H LEADER'S HANDBOOK



LIVINGSTON COUNTY

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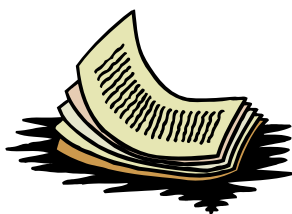


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Revised: December 2007

General Facts About 4-H

PURPOSE: To help young people become creative and productive citizens. 4-H lays a foundation for continuing education and helps youth acquire a zest for lifelong learning.

MEMBERSHIP: Membership is open to all youth 5 to 19 years of age, regardless of race, creed or national origin. Adult volunteer leaders come from all walks of life. They serve on board of directors, program advisory committees, and finance committees, in addition to carrying out their responsibilities as club leaders, special interest group instructors, etc.

FOUNDED: Congress passed the Smith Lever Act in 1914. This provided for a National Cooperative Extension Service. Under it, the "Boys' and Girls' Club Work" became 4-H.

WORLD SCOPE: 4-H is indeed international, with 75 countries having 4-H like organizations. The "IFYE" program has provided over 4,200 young people the opportunity to live and learn in another country.

WHAT 4-H IS: 4-H is a unique, out-of-school, informal educational program for young men and women. It is one of the largest youth programs in the world. They "learn by doing," which is their slogan. They carry on varied projects in the areas of science, agriculture, home economics, personal development, community service, leadership, and citizenship.

HOW 4-H REACHES YOUTH

Most of today's four million 4-H'ers belong to 4-H clubs. Many youth participate in other ways. For example, thousands of young people now take part through television. On TV, 4-H offers educational series with suggestions for learning experiences at home. The After-School 4-H Program is becoming popular in many localities. Another 4-H approach is through special interest groups. Older boys and girls may enroll in money management or dog obedience workshops. On completion, they may form another interest group.

Members of clubs organize, elect officers, and plan programs -- aided by adult volunteer leaders and parents. They choose from over 100 projects that fit their interests and the places where they live.

County, state, regional and national activities - such as trips, camps, and conferences - offer all 4-H'ers other learning opportunities.

Nearly half a million men and women, mainly parents, serve as unpaid volunteer leaders of local 4-H clubs. They counsel and encourage members, observe the progress of projects, and make suggestions where needed. County extension educators train, advise and assist these adults.

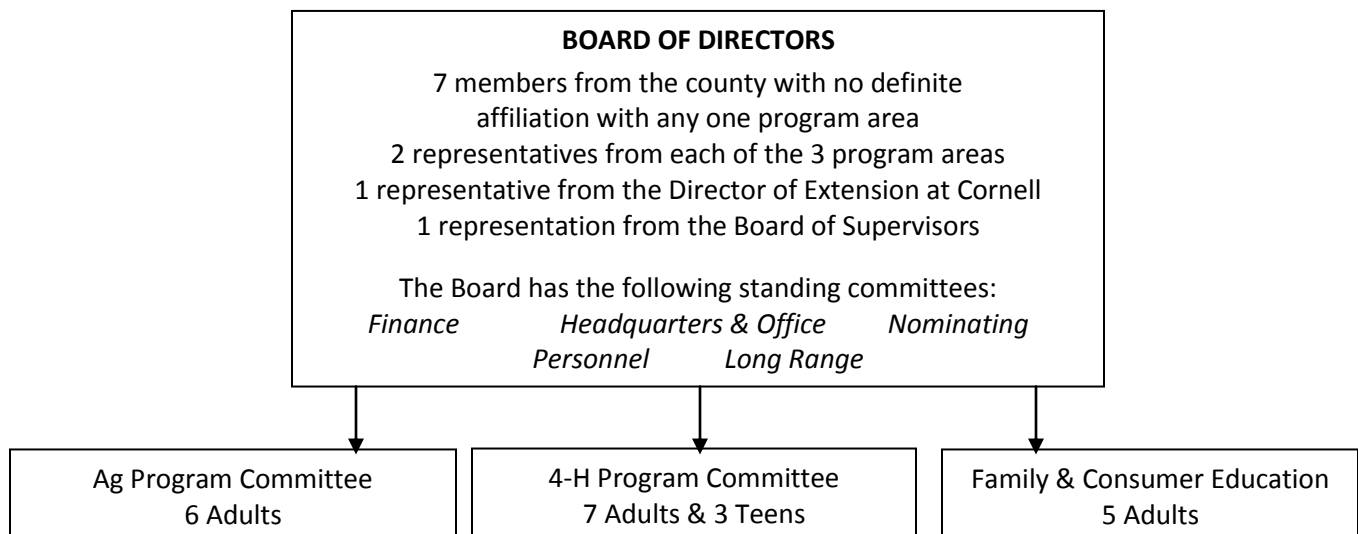
4-H, A PART OF CORNELL COOPERATIVE EXTENSION

With the passage of the Smith-Lever Act in 1914, Cooperative Extension became a nationwide system of educational agencies that involves a financial and administrative agreement among three levels of government - federal, state and county. This unique situation reflects cooperation between the people and their government and the extension of knowledge from the State Land Grant University to the people.

The Cooperative Extension ...

- is dedicated to serving the people through an informal educational program of extending knowledge from the New York State Land Grant Institution (Cornell University).
- is supported jointly by: Livingston County through the County Board of Supervisors; the State through Cornell University; the Federal Government through the United States Department of Agriculture.
- is guided by interested citizens, program advisory committees, and the Association Board of Directors.
- offers equal program and employment opportunities. The programs must be available to all county residents, regardless of race, color, creed, national origin, age, sex or disability.
- Programs provided for groups by the Cooperative Extension staff must be accessible to all that wish to participate.
- works with people either individually or in groups at different meeting places in the county, in homes or at the Extension Headquarters in Mt. Morris.
- programs are carried to the people by volunteer leaders, secretaries, program assistants, teaching aides, or Cooperative Extension Educators. Information is given through individual contacts, circular letters or mass media.
- is divided into three program areas: Agriculture, Family & Consumer Education, and 4-H Youth Development.

COMMITTEE STRUCTURE OF COOPERATIVE EXTENSION ASSOCIATION, LIVINGSTON COUNTY



COUNTY 4-H POLICIES

1. **Club Supervision:** Each 4-H club shall be under the supervision and guidance of one or more adult 4-H leaders selected with the advice and council of parents and educators.
2. **Membership:** Open to any boy or girl regardless of race, religion or economics level.
Cloverbuds - enrollment is open to youth in grades K - 2.
4-H Club Enrollment - must be in grades 3 - 12.
Maximum age - may not enroll for a new 4-H club year if they turn 19 before January 1.
3. **Individual Members:** It is realized that individual 4-H members receive only part of the experience available from 4-H in comparison to members in clubs. With educator approval, homemaking individual members will be allowed only after completing the beginning projects within a club in the area for which the member wishes to enroll as an individual member. Individual members will be allowed in many agriculture projects. Members must be in a club providing adequate horse project leadership before enrolling as an individual horse project member.
4. **Size of Club:** Five members is the minimum for organizing a club and must maintain 5 members from at least 3 families for at least two years.
5. **Marital Status:** County membership is limited to unmarried youth.
6. **Conduct of 4-H Members:** Appropriate conduct for the situation will be expected of all members and it will be the responsibility of the adult present to insure it. Smoking, drinking, or use of illegal substances is strictly forbidden at 4-H events.
7. **4-H Dues And/Or Assessments:** No boy or girl shall be prevented from belonging to 4-H because of excessive dues and/or assessments. 4-H Clubs can determine dues for their club members.
8. **4-H Club Fund Raising:** No fund raising project may be undertaken by 4-H clubs without plans and purposes of raised funds, and prior approval from the 4-H office.
9. **Club Disbanding:** Leaders of clubs disbanding should notify and consult with the 4-H office as soon as possible after decision is made to disband. Funds remaining in the club treasury and property must be donated to: County Awards Fund, 4-H Council, or a charitable organization. The 4-H office should be notified of the amount and disposition of such funds and property.
10. **Leader Training:** Leader training is provided throughout the year in the form of county and regional workshops. Leaders are encouraged to attend.
11. **Project Completion:** One adequately completed project is sufficient to qualify for a year's credit in 4-H.
12. **4-H Leader:** Any adult working with 4-H Youth on a specific project for at least 3 meetings will be considered a 4-H leader and eligible to receive privileges of a 4-H leader.
13. **4-H Club Interest Accounts:** 4-H clubs wishing to start their own bank accounts will have to apply with their bank for an IRS number.

"THIS I BELIEVE ABOUT 4-H CLUB WORK"

It is not what we know, but what we believe that determines what we do. 4-H club leaders can make their best contribution to the basic development of 4-H boys and girls if they understand 4-H objectives and principles.

As 4-H club leaders, we might compare our 4-H club objectives and our beliefs with the ones listed here:

- ✓ **The 4-H club boys and girls are more important than the project.** The subject matter learned is less important than the habits and attitudes developed.
- ✓ Project work is one of the best devices for developing boys and girls. To "**learn by doing**" is fundamental in any sound educational program and is characteristic of the 4-H club program.
- ✓ 4-H is not trying to replace the home, church, or school - only to supplement them. This does not mean that 4-H should avoid areas touched by school or church. 4-H music, dramatics, etc., may give additional opportunity for participation. These experiences may also bring enjoyment to additional communities.
- ✓ **4-H'ers should be their own best exhibit.** This means in manners, attitudes, and courtesy, as well as appropriate dress and physical appearance.
- ✓ Competition is part of the American democratic way of life. It should be recognized in 4-H club work as a natural human trait, but one that requires careful planning and safeguards when used as an educational device. There is no competition in Cloverbud years.
- ✓ No 4-H award is worth sacrificing the reputation of a 4-H member or leader.
- ✓ A blue ribbon 4-H boy or girl with a red ribbon dairy animal is more desirable than a red ribbon boy or girl with a blue ribbon dairy animal.
- ✓ Many **things are caught rather than taught.**
- ✓ Our job is **to teach 4-H members how to think, not what to think.**
- ✓ The social experience of the 4-H club meeting, the talk , the demonstration, the recreation, and the club officer's job, may contribute as much or more toward fulfillment of educational objectives as projects.
- ✓ The County Extension **educator's primary responsibility in 4-H club work is promoting, organizing, and training leaders.**
- ✓ 4-H leaders and members should be involved in planning, directing, and conducting the 4-H program.

4-H -- WHAT'S IN IT FOR YOU?

As a 4-H leader, you will want to **help every member develop a meaningful 4-H experience**. This will include participating in local club meetings, conducting one or more projects, and taking part in club programs.

What can you expect to gain from this experience? You have an **opportunity for personal growth** through leadership experience. The training program for volunteer 4-H leaders is recognized as one of the Extension program's first effective means of adult education.



Your greatest reward as a leader, however, is **knowing that you have done something meaningful and constructive for boys and girls of your community**. Many leaders have experienced lasting satisfaction from helping boys and girls through 4-H work. We hope that your time as a 4-H leader will provide you with some lasting experiences you will remember for many years to come.

LEADER OPPORTUNITIES

Leader training is conducted throughout the year. New Leaders must attend orientation. Leaders are encouraged to attend classes offered by both the 4-H, Master Gardener and Family & Consumer Science Programs of Cooperative Extension.

A variety of **regional leader training opportunities also are available throughout the year.** This is a great opportunity to meet leaders from other counties and exchange program ideas. Workshops are available on varied topics of interest to 4-H leaders.

Leader Recognition - The outstanding efforts of our many **leaders are recognized annually at the 4-H Achievement Day Program.**

County-wide leader meetings are held several times a year to discuss programs and share ideas.

Leaders have the opportunity to serve on a variety of program committees to **aid in planning phases of 4-H activities.**



SUCCESSFUL 4-H EXPERIENCES

4-H experiences are meaningful when they include:

ACTION - 4-H'ers enjoy doing:

- New things that are fun, exciting, and result in learning.
- Things that can be finished and have meaning.
- Things that build on their interests.
- Things that involve the use of their senses - such as touching, smelling, tasting, and hearing, as well as thinking.
- Things that involve them in **doing rather than only listening and watching.**

INTERACTION - 4-H'ers find meaning in a 4-H experience through interaction with:

- People - learning to talk to and work with all kinds of people (adults and kids, friends and strangers, across ages, roles and cultures).
- Ideas - learning to examine new ideas and to apply them to the way they live.
- Things - learning to use such things as equipment, libraries, bicycles, fabric, magazines, lakes, animals, the backyard, or a computer.

DECISION MAKING - 4-H will help people learn to make decisions when they are involved in:

- Clarifying the need.
- Setting goals
- Planning things to do to achieve goals.
- Finding the help they need.
- Doing the things they planned.
- Assessing their progress.
- Sharing results and accomplishments.

RECOGNITION - 4-H can provide reinforcement for learning by:

- Pats on the back from friends, parents, and leaders.
- Awards.
- Rewards.

PUBLIC AFFIRMATION - This is a final stage in value development. 4-H can provide an opportunity to publicly share what has been made, learned, believed, or accomplished through:

- Demonstrating.
- Speaking.
- Exhibition.
- Performing.

LEADERSHIP (HELPERSHIP) - 4-H can provide an opportunity for people to learn to help each other by enabling them to:

- Show how to do something without doing it for them.
- Observe and listen.
- Support with encouragement.
- Give praise when needed and earned.

FLEXIBILITY - 4-H can provide situational and individual alternatives for people in:

- Learning opportunities.
- Policies and requirements.
- Roles, role definitions, and job descriptions.
- Ways to be involved.
- Expected outcomes.

UTILIZATION OF RESOURCES - 4-H can help people recognize and use resources around them like:

- **Themselves** - their natural abilities, working with their hands, solving problems, expressing ideas, sharing with others, being a helper to others, and learning from others.
- **Other people** - parents, brothers and sisters, friends, leaders, and people in their community (neighbors, policemen, grocery men, and librarians).
- **Things** - their home and the things in it, their neighborhood and community, trees, animals, clouds, cars, books, and TV.
- **Family activities** - such as trips, gardening, home repair, shopping, watching TV, and reading.



DIVISION OF LEADER'S RESPONSIBILITY

RECOMMENDED FOR EACH CLUB:

1 Organizational Leader

One or more Project Leaders and Activity Leaders

ORGANIZATION LEADER:

1. Work with members in planning and carrying out yearly programs.
2. Help train officers and guide members at meetings.
3. Work with other interested persons in deciding division of responsibility.
4. Keep club informed of opportunities in the County program and urge members to attend and participate.
5. Responsible for correspondence with 4-H office.
6. Responsible for completion of records and reports to be submitted to the 4-H office.
7. Responsible for starting the new 4-H club year in October.
8. Attend organizational leader meetings.
9. Contact 4-H office whenever they need help.
10. Need attend only those meetings for which they are responsible.

PROJECT LEADER:

1. Attend training workshops in subject matter for which you are responsible to the club.
2. Order project material for members. The 4-H Office has many resources in stock, more can be found on-line at the NYS 4-H Resources directory at: <http://www.cerp.cornell.edu/4h/>
3. Teach one or more projects to interested club members.
4. Contact 4-H office for assistance and for use of teaching aids for projects.
5. Help members keep project records up-to-date, accurate and complete.
6. Stay informed of County events (demonstrations, Fairs, etc.) in which members may participate.
7. Help prepare members for County events in related project work.
8. Keep parents informed of child's progress and obtain their assistance with preparation for projects and events.

ACTIVITY LEADER:

1. Responsible for as many of the following activities as club wishes to participate in and as needed by organizational and project leaders:
 - a. Demonstrations - training, transportation, etc.
 - b. Judging - encouragement, preparation, transportation.
 - c. Exhibits - National 4-H Week, County Fair, school.
 - d. Recreation - work with officer within club, guide members in Fun Night participation, Christmas parties, etc.
 - e. Community Service - cleanups, entertainment, get-well treats, church, etc.
 - f. Help as needed in any area of club program.

Older 4-H'ers may be used in any of these leadership positions. Consult the Junior Leadership project materials or your 4-H educator with questions concerning use of older boys and girls within your club. Many are very capable.

In any instance in which responsibility can be delegated, feel free to do so. The more parents and members are involved the better their understanding of club work.

MENTORS

Experienced 4-H Leaders are available to work with new club leaders during their first year, to answer questions and provide support.

INVOLVE TEENS IN LEADER ROLES

4-H'ers learn by teaching others. You may have members who progress more rapidly. Encouraging the faster ones to help others in the group will provide recognition for the helper and benefit the individuals being helped.

Youth leaders learn leadership skills by:

- Helping members at home or at meetings.
- Assisting leaders with project meetings.
- Showing home-helpers how to work with members.

When working with youth leaders:

- Help them identify what they would like to do.
- Help them feel important by encouraging them to do important things.
- Share project materials with them.
- Help them be successful, let them know when they are.
- Listen, explore ideas, work as a team and take pride in their growth.

THINGS SUCCESSFUL LEADERS DO

- Involve members in the planning of activities and meetings. (They will be more interested in things they help plan.)
- Plan challenging and new things that 4-H members may not even be aware of.
- See things the way that kids might see them -- meetings and plans.
- Keep activities short.
- Plan activities that allow kids to talk with each other and you with them.
- Help family members be "shadow helpers" as they work with their 4-H'ers.
- Encourage kids to seek advice and help from other people in the neighborhood or community.
- Help kids apply what they learn to everyday living.
- Plan ahead.

PLANNING THE CLUB PROGRAM

One of the first responsibilities as a 4-H leader is to help your club plan a program for the year. Planning a club program takes time, but this is time invested in the success of our club. Good programs don't just happen but require pre-planning.

The following was taken from the Suffolk County 4-H News: "**Conducting a 4-H Club without a club program is like taking an ocean voyage without a navigator and with no particular port in mind. You are going somewhere but no one knows for sure where!**"

Putting a program on paper has many advantages. Here are a few:

1. Encourages the establishment and attainment of **goals**.
2. Permits **more participation on the part of members and parents**.
3. Enables project leaders, instructors, and guest speakers to be better prepared. Effective teaching takes **advanced preparation**.
4. Promotes better **attendance and participation by members**, because they are informed in advance of plans, as well as changes in plans when necessary.
5. Helps correlate local club programs with leader training programs and other county, district, and state programs.
6. Leaves an **opportunity for some free** time when desired by the group.
7. Makes a **better balance of work, play, and service activities**.
8. Lets parents and others know more about the work.
9. Facilitates the scheduling of teaching materials from the county office and other sources.

In preparing this plan, you should involve 4-H leaders, members and parents. **Before you begin, gather together the following resources:**

1. 4-H Leader's Handbook.
2. County Calendar of 4-H Events and Activities.
3. List of project leaders available.
4. List of members' experiences and interests.
5. Program planning sheet from 4-H Secretary Book.

An average club program may consist of:

1. Two or three projects running about 6 weeks each. A project consists of 6 educational hours.
2. At least one community service project.
3. Business meetings interspersed throughout the year.
4. Recreational activities for each meeting and special events as desired.
5. Participation in area, county or regional events that interest your club members and relate to your club project work.
6. At least one demonstration opportunity for each member.

RECORD-KEEPING IS A SKILL FOR LIFE

The 4-H Project Summary Books are designed to help youth keep an accurate record of their accomplishments from year to year. Meeting time should be scheduled to update the books and the leaders should review them at the end of the year.

1. 4-H records help youth:

- Establish good organizing and planning habits.
- Evaluate economic growth.
- Gain satisfaction and motivation from progress.
- Improve written communication skills.
- Improve decision making and priority setting skills.
- Establish positive directions and identify goals.

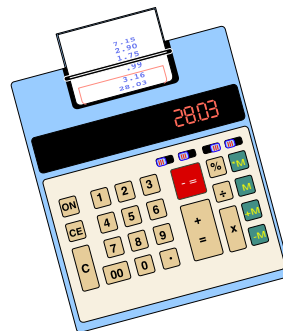
4-H members do not learn these skills automatically. Younger 4-H'ers need practice, encouragement, and help in the record keeping process.

2. 4-H records are most valuable at the local project and club level:

- as evidence of accomplishments (for employment, family awareness, recognition, goal setting, etc.).
- as a tool for helping leaders and other youth know the young person better.
- as a tool for involving the family in the youth's goals and accomplishments.

3. 4-H scrapbooks can also be fun and useful. We have some guidelines available in the office to help you with planning 4-H Scrapbooks or Achievement Books.

The 4-H Project Summary Books will be used by the trips and awards committee to make selection of award trip winners. It is, therefore, very important that these be kept up-to-date.



4-H ACTIVITIES

PUBLIC PRESENTATIONS

Every club leader is urged to use public presentations as part of the project program. 4-H'ers learn self-assurance, as well as new skills, when asked to show some phase of their project work to a group. Demonstrations start in the local club. Each 4-H'er should present one as part of the regular project work. Opportunities to give presentations beyond the club level are:

1. **County Public Presentation Day**: Open to any member. Every club should take part. Must participate in order to be eligible for 3A Award Trip.
2. **State Fair Presentations**: Several members 13 years and over may be invited to give presentations at State Fair.
3. Members have an opportunity to be selected to attend District Presentation day from which selections are made for State Fair and State Public Presentation day.

HORSE COMMUNICATIONS

Each horse club member is encouraged to do a Horse Communications presentation. It is similar to Public Presentations, but there are a few other specific rules to be followed. See the 2008 Livingston County Horse Leaders' Handbook for more information.

COUNTY FAIRS

Any enrolled 4-H member may enter exhibits at the county fairs held at Hemlock and Caledonia. 4-H premium books, class listings and entry forms are available from the 4-H office.

4-H TEEN COUNCIL

Members 13 and over (or in 7th grade) may attend meetings of the county teen council. Teen Council organizes in September and meets once each month through June. Educational, social and service projects are featured. Council participation affords an excellent opportunity for members to become acquainted with 4-H work and 4-H members outside their own community.

The two year interstate exchange program is open to all 4-H'ers over 13 years. The first half involves Livingston County traveling and spending a week in another state, with that state's visit to Livingston County the following year. Exchanges have included Michigan, West Virginia, Texas, Tennessee and North Dakota.

STATE FAIR TEEN LEADERS

To recognize outstanding work done by 4-H members by giving them the opportunity to participate in teen leader roles at State Fair. Teen Leaders work 3-4 days at State Fair, which is held late August through Labor Day. 4-H members 13 years of age and over who have participated in county activities, or demonstrated outstanding effort in specific areas may submit an application to the 4-H office.

4-H'er will receive premium money for time worked at State Fair and will stay at the 4-H dormitory. 4-H'er is responsible for all meals.

TEEN LEADERSHIP / AMBASSADORS

One of the basic objectives of the 4-H program is to develop leadership abilities in youth. A well outlined teen leadership program is available to any teen 13 and over. Many opportunities for teen leadership exist within local club and county programs.

Any teen who would like to tell others about 4-H may be a teen ambassador. Ambassadors speak to community groups, write news articles and present radio programs about 4-H.

CLOTHING-CREATIVE FIBER ARTS REVUE

Any 4-H'er who has created a project using fibers, yarns, or fabrics can be judged and "model" their creations. Examples are, but not limited to: wool felted ornaments, hats, quilts, wall hangings, pillows, crocheted or knitted items and, of course, clothing, costumes and accessories. Clothing-Creative Fiber Arts Revue is open to Cloverbuds and up.

PRODUCED IN NEW YORK STATE FOOD CONTEST

This event provides the opportunity for 4-H members to show their skills in working with foods by making a product featuring foods grown in New York State. The participants show how to make the product and bring a finished product from home to be tasted. Judges evaluate preparation techniques and finished products. Top winners are selected to demonstrate at the NYS Fair.

CREATIVE APPLE FOOD CONTEST

This event provides the opportunity for 4-H members to show their skills in working with foods by making a product featuring apples grown in New York State. The participants show how to make the product and bring a finished product from home to be tasted. Judges evaluate preparation techniques and finished products. Winning entries in each division will be invited to demonstrate at the New York State Fair in August.

LIVINGSTON COUNTY HORSE CAMP

This is a 5 day camp at Hemlock Fairgrounds in late June. Lodging is on the grounds. There is intensive teaching about horse events and great socialization times. Cost is approximately \$250.00.

WYOMOCO AND BRISTOL 4-H CAMP (Wyoming or Ontario County)

Any boy or girl age 5 and over may attend either camp from late June through August. These camps provide opportunities for 4-H and non-4-H youth to attend camp and participate in camp recreational and educational programs. Request a brochure from the 4-H office in Mt. Morris.

4-H FUND RAISING

Each year fund raising activities for 4-H are held in Livingston County to raise money for the county programs. Fund raising activities in previous years have been a cookie sale, a food booth concession stand at the Geneseo Air Show, Walk-a-Thon and Geranium Sale.

JUDGING TEAMS

4-H members with dairy, livestock, poultry, horse or vegetable projects may participate in judging activities to learn how to select standard animals or products. A team in each area is selected to compete at regional events or State Fair.

ACHIEVEMENT PROGRAM

Each fall an Achievement Program is held to recognize 4-H members for their participation in 4-H for the past year. Membership pins and certificates are given out at this time. Recipients of county project medals and award trips are announced.

ROCKET LAUNCH DAY

4-H boys and girls making rockets as part of the 4-H project are invited to a county rocket launch day in late spring, if there is enough interest.

BOWL CONTESTS

Horse, dairy, poultry and livestock contests are open to any 4-H'er enrolled in the project. These contests utilize a quiz setting to test the 4-H'ers project knowledge. The top junior and senior teams of 4 individuals will represent Livingston County in the regional contests and state contests.

MEAT ANIMAL SHOW AND SALE

All livestock and poultry members have an opportunity to market their meat animals at this event held in July or early September. Approval needed from the 4-H Animal Science Educator.

TRIPS AND AWARDS

CORNELL CAREER EXPLORATION

Held at Cornell University, Ithaca, 3 days during the last week of June. The purpose of this trip is to acquaint 4-H'ers with Cornell University, to provide educational opportunities for youth on a state level, and to promote social activities for all 4-H members to meet people from other counties. Any 4-H member 14 years and over at time of trip is eligible. Selected by committee from summary reports and leader recommendation. Cost to 4-H member is approximately \$90.00; county pays remainder. Those members not selected desiring to attend must pay total cost.

CAPITAL DAYS

A two and a half day trip to Albany in March for two 4-H members preferably in sophomore school year at time of trip. Purpose of trip is to help youth achieve a better understanding of the scope of New York State Government, to create an awareness of career opportunities in state government, and to meet and exchange ideas with state legislators from other counties. Selected by committee on basis of report from and leader recommendations. Cost to 4-H member is approximately \$60.00 with county paying remainder.

TORONTO TRIP

A two day trip to Royal Winter Fair, Toronto, Canada, in November. Purpose of trip is to recognize outstanding 4-H members. Must be age 14 or over at time of trip. Selected by committee on basis of summary report and leader recommendations. Cost to 4-H'er is approximately \$75.00 and county pays remaining half.

3-A TRIP

One day trip which varies from year to year. Any 4-H member that completes three different activities during the 4-H year may participate. One activity must be a public presentation beyond the local club level. For two other activities any of the following count: clothing revue, fairs, food demonstration contests, county judging programs, dairy, livestock, and horse bowl contests, county rocket launch, hippology contest, county fund raising, 4-H camp, put on a 4-H program before a public group or organization, etc. Selected from summary report. Members pay towards bus expenses (approximately \$5.00).

CLOVERBUD 2A TRIP

Any Cloverbud who completes a public presentation and one other county activity is eligible to participate.

TWEEN TRIP

For 4-H members, ages 11-12, who have been active 4-H participants. Recommendation from 4-H leader and Summary Book are required for selection. Cost to participate is minimal.

STARR TRIP (State Teen Action Representative Retreat)

Any 4-H member age 13-19 is eligible to go to STARR. It takes place in late April, from Friday to Sunday. Participant pays half – approximately \$50.00. It's a time to make teen friends from all across the State and to participate in fun social and educational activities.

AGRI-BUSINESS CAREER CONFERENCE

A 2 day trip to Cobleskill, New York for older 4-H'ers that have an interest in agriculture business careers. The purpose of this trip is to recognize outstanding 4-H members interested in exploring careers

in agribusiness. Visits are made to a variety of agricultural related businesses and selected speakers are heard. Selected by committee from summary report forms. Cost to 4-H'er is about \$75.00 or half of total cost.

NY CITY CAREER EXPLORATION TRIP

A 4 day trip in early April to New York City. The trip provides opportunities for outstanding 4-H members to visit places of interest in New York pertaining to different careers. Usually two 4-H'ers, 16 years and older, are selected by the committee on the basis of report forms and leader recommendations. Cost to 4-H member is approximately \$300.00, county pays remainder.

WASHINGTON FOCUS TRIP

A one week trip in July, to recognize outstanding 4-H members who demonstrate good citizenship in everyday life. To acquaint 4-H'ers with national government and our nation's capital. Usually 2 or 3 4-H members, age 16 and over at time of trip, are selected by the committee on basis of report forms and leader recommendations. Cost to 4-H'er is approximately \$330.00 (approximately half of total cost) and county pays the other half.

OUTSTANDING 4-H MEMBER AWARD

Award presented to two outstanding 4-H members who have demonstrated good citizenship and have been active in all 4-H activities. Each 4-H club and leaders may make a nomination to the committee, giving good reason why they feel nominee is deserving of the award. Committee will make the final decision. Application form required from interested 4-H members. Winner receives inscribed plaque and name is entered on county plaque. A monetary award of \$100.00 is presented from the Russell B. Ace Memorial Fund.

ANNUAL ANIMAL SCIENCE SCHOLARSHIPS

Annual scholarships are available if there is sponsorship participation. Scholarships available in dairy, market beef, swine, and sheep.

HONOR SECRETARY

Award given to secretaries who have submitted all monthly reports to the 4-H office by deadline dates.

COUNTY MEDALS

Leaders may nominate 4-H members to receive county medals if they have done outstanding work in specific project. County medals are awarded in the following areas (list may vary from year to year):

Achievements	Entomology	Poultry
Agriculture	Fashion Revue	Public Speaking
Beef	Food & Nutrition	Rabbits
Child Care	Forestry	Science & Technology
Citizenship	Gardening	Sheep
Clothing & Textiles	Goats	Swine
Community Service	Health	Vet Science
Conservation	Horticulture	Visual Arts (Arts & Crafts)
Dairy	Leadership	Wood Science
Dog Obedience	Pets	Wildlife & Fisheries
Earth, Water & Air	Photography	